

**Faith Can Move Mountains**

Church \_\_\_\_\_

Team\_\_\_\_\_ Individual \_\_\_\_\_

# July 2015



Record wt.  
weekly.

B/P weekly.

Record ac-  
tivity and  
amt. of time  
spent in  
activity  
daily.

Return form  
to IWM at  
the end of  
10 weeks.

Visit IWM  
website or  
facebook  
page to view  
weekly  
scripture  
and partici-  
pant guide-  
lines.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

**Faith Can Move Mountains**

Church \_\_\_\_\_

Team\_\_\_\_\_ Individual \_\_\_\_\_

# August 2015



Record wt.  
weekly.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

B/P weekly.

Record ac-  
tivity and  
amt. of time  
spent in  
activity  
daily.

Return form  
to IWM at  
the end of  
10 weeks.

Visit IWM  
website or  
facebook  
page to view  
weekly  
scripture  
and partici-  
pant guide-  
lines.

**Faith Can Move Mountains**

Church \_\_\_\_\_

Team\_\_\_\_\_ Individual \_\_\_\_\_

# September 2015



Record wt.  
weekly.

B/P weekly.

Record ac-  
tivity and  
amt. of time  
spent in  
activity  
daily.

Return form  
to IWM at  
the end of  
10 weeks.

Visit IWM  
website or  
facebook  
page to view  
weekly  
scripture  
and partici-  
pant guide-  
lines.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

# Faith Can Move Mountains

# October 2015

Church \_\_\_\_\_

Team \_\_\_\_\_ Individual \_\_\_\_\_



Record wt.  
weekly.

B/P weekly.

Record ac-  
tivity and  
amt. of time  
spent in  
activity  
daily.

Return form  
to IWM at  
the end of  
10 weeks.

Visit IWM  
website or  
facebook  
page to view  
weekly  
scripture  
and partici-  
pant guide-  
lines.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31